

Circle of Hope

Are you a person age 50 or older? Does someone close to you (spouse/partner, child, grandchild, or trusted caregiver) withhold your medication, use your money without permission, limit your phone calls, or tell you when or where you can go? Do you feel that nothing you ever do or say is “right?” If so, you are not alone. Are you looking to be among peers in a safe space to share your experience?

Help us help you, by joining a free and confidential educational group addressing topics around healthy relationships, financial concerns, safety, and self-esteem.

When: Every Thursday from 1-2 PM **AND** 5-6 PM beginning on Thursday, March 9th, 2017.

Where: Salem Council on Aging: 5 Broad St, Salem, MA 01970

For more information, contact: **Carolyn Lewis at 978-624-2248**

