

**Adult Day Health** care programs assist people who need medical monitoring and supervision during the day. Participants receive lunch and snack as well as assistance with medication and personal care, if necessary. Adult day health centers also provide planned recreational and social activities.

All Care Adult Day Health Center at North Village  
20 Sheila Avenue  
North Chelmsford, MA 01863  
978-251-0367

Day by Day Adult Care, Inc.  
4R Blackburn Center  
Gloucester, MA 01930  
978-281-0252

Hallmark Health System/ The Dutton Center  
1117 Main Street  
Wakefield, MA  
781-246-2820

North Shore Adult Day Health Care  
191 North Common Street  
Lynn, MA 01905-2547  
781-595-4888  
Primary Language is Spanish

Pondview Lodge Adult Day Health Center  
112 Kernwood Drive  
Lynn, MA 01904  
781-598-4570

Rainbow Adult Day Center  
210 Lowell Street  
Peabody, MA 01960  
978-531-2499

Roger B. Trask Adult Day Health Center  
Peabody Council on Aging  
75R Central Street  
Peabody, MA 01960  
978-531-2254 Ext. 134 for Program Coordinator –  
Susan Levenson

Shapiro-Rudolph Adult Day Center  
240 Lynnfield Street  
Peabody, MA 01960  
978-471-5180

Spectrum at the Cummings Center  
600 Cummings Center, Suite 176X  
Beverly, MA 01915  
978-921-5020

Spectrum Adult Day Health Program at North  
Andover  
1820 Turnpike Street, Unit 106  
North Andover, MA 01845  
978-688-3248

Stay Well Adult Day Health Center, Inc.  
45 Congress Street, Suite 106  
Salem, MA 01970  
978-825-0202

This information is provided as a resource referral, not as a recommendation. NSES cannot guarantee the quality of the provider or service. This information was updated 3/13/2017. Please contact the Information Services department for updates, corrections, or to suggest additional resources.